



Plan Ahead & Prepare #1

Leave No Trace

- Bring the 10 Essentials
- Check local regulations (Group size, permits, stock, dogs, campfires, etc.)
- Bring adequate clothing, repackaged food and filtered water
- Know where trails are and stay in the middle to avoid creating new trails
- Let someone know exactly where you're going and when you'll be back

Stanley Ranger Station: (208) 774 3000

For more principles, **read the other side**
www.lnt.org

Dispose of Waste Properly #3

- Pack out everything you packed in (orange peels, etc.)
- Go to the bathroom (#1 & #2) 200 feet from water, camp, and trail - pack out toilet paper in a sealed bag
- Dig a cathole 6"-8" deep for going #2 (cover afterwards)

Minimize Campfire Impacts #5

- Find out where campfires are allowed before your trip
- Use a lightweight stove instead of a fire
- In the Wilderness use a fire pan or fire blanket
- Use only dead and down wood the size of your wrist

Respect Wildlife #6

- View wildlife from a distance and never feed them
- Store your scented items (garbage, toothpaste, food etc.) in a properly hung bear bag for overnight use
- Bear bags should be hung 12' high and 6' from the trunk

For more information on all 7 principles visit
www.lnt.org - For a free educational program for
your group call (208) 774-3000