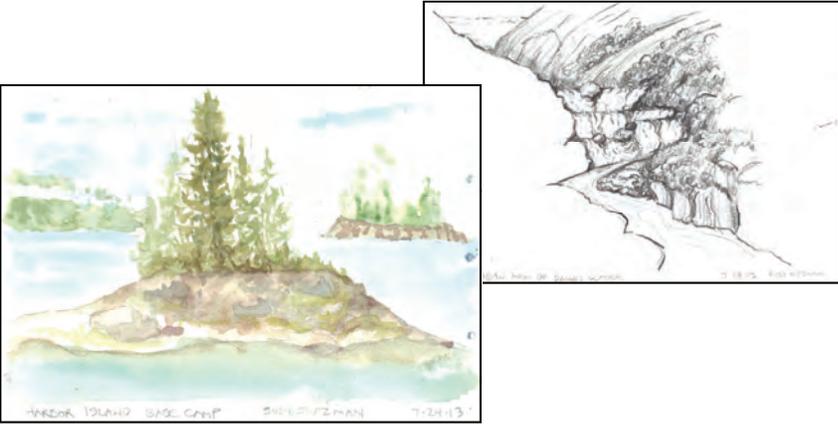




The Big Picture

Look up at the sky—are there clouds? What colors do you see? What shapes do you see? Look at where the sky meets the land—that is the horizon. Is it flat or are there hills and mountains? Are there trees? Are the shadows? Is the sun making some places bright? What is close and what is far away? What are the cool things that you see or feel? Start with a light pencil sketch of what you see. You can make a simple sketch or choose to add detail or color.

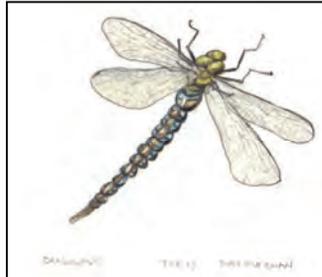
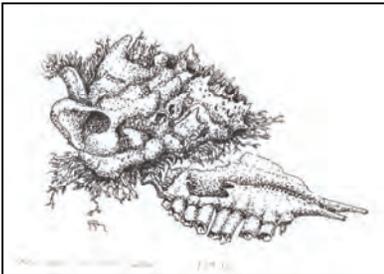


○ Staple along centerline or punch holes and tie with string or ribbon.
○ ---

Draw!

Up Close

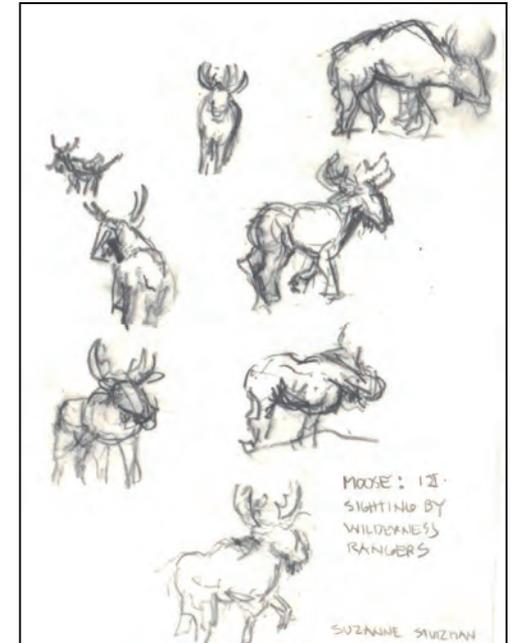
Find things close to you and look at them very carefully. What shapes do you see? Feel the surface—is it smooth or bumpy? Where is there light and where is there dark? How many colors do you see? Choose one or more of the things nearby to draw. Start with a simple outline in pencil, then add details that you see with pencils, pen, or color.



Draw!

Animals Move

Animals are fun to draw but can be very difficult because they move. Before you put your pencil to the paper, watch the way birds, insects, mammals, lizards, and other animals move. Look at the shapes of their bodies and legs. Try to freeze these images in your mind, then quickly put down some lines that show what you have seen. Make several sketches of the same animal from different views. This can take a lot of practice.



Draw!

The Journey

GET OUTDOORS

You can find living things and nature to draw by your sidewalk, near your school, at your local park, out on a farm, in a nature reserve, or in wilderness. You may find a tiny plant growing in a crack, a seed, a squirrel, a whole forest, a rainbow. Even the sky is no limit - what kind of clouds are above today? Find a safe place to sit still, observe, and draw.

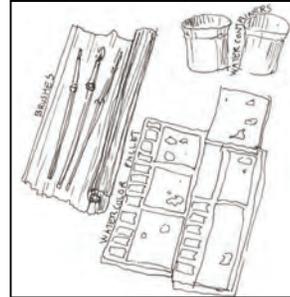
BE PREPARED

Depending upon where you go to draw, be sure to take the right clothing and gear to be safe and warm. If you are close to home, it may be simple - a hat for the sun or a coat for the rain. If you are going out for a longer, wilder trip you may need more clothing and things like sunscreen, food and water. On my wilderness kayak trip in Alaska, I had to take a LOT of things.



ADDITIONAL ART SUPPLIES

1. Fine-tip felt pens - black is best. These are great for making sketches and very portable.
2. Color - It is really fun to use color in your journal. You don't want to bring too much with you, so consider ONE of these options:
 - colored pencils
 - watercolor pencils and brush
 - watercolor paint pallet and brush



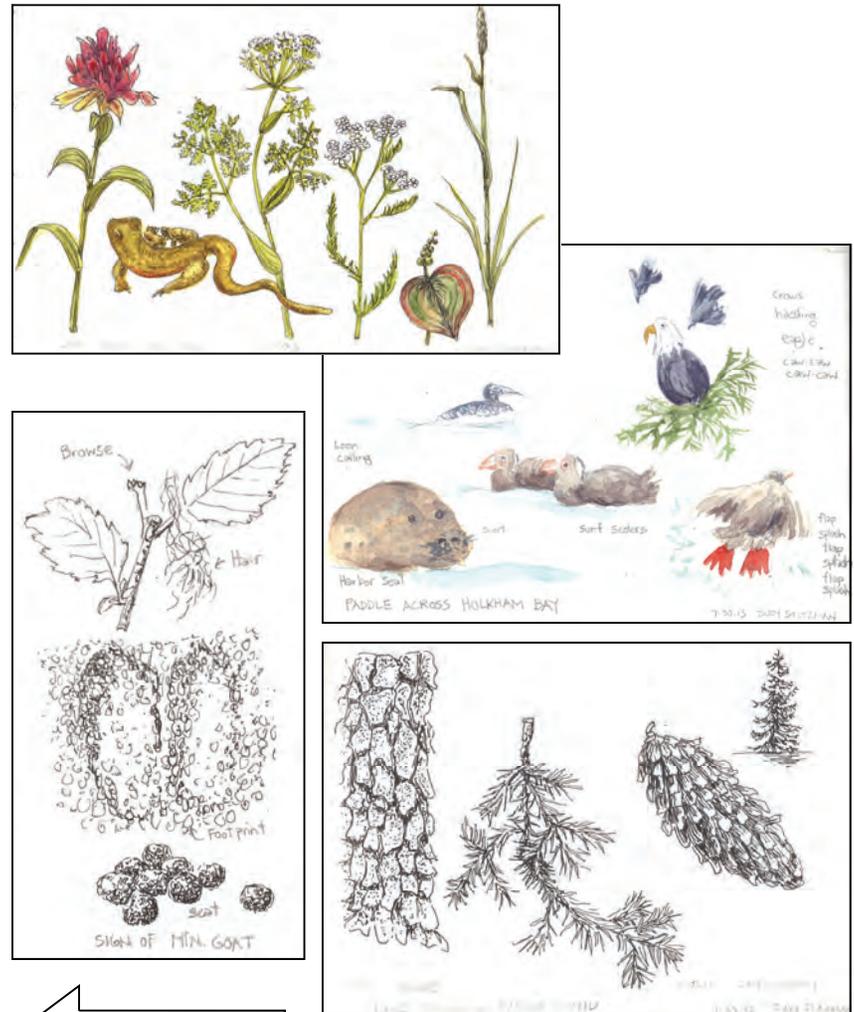
WHAT WILL YOU BRING?

Your journal can include your journey - how you prepared for your outdoor adventure. Draw some of the things you will bring on your trip.

Draw!

Tell a Story

Your journal drawings can tell stories. You can show the plants and animals that live together. You can draw different parts of a tree, such as the bark, the needles, and the cones that show how it grows. You can draw the signs of animals such as their tracks and poop, even if you don't see the animal. Look for connections. You can add words in and around your drawings to help tell your story.



Draw!

